

# GI PATIENT PRE- ADMISSION INSTRUCTIONS

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## **Weekly GLP-1 Medications that must be stopped 1 week prior to procedure/surgery include:**

-Trulicity (Dulaglutide) - Bydureon (Exenatide) - Ozempic/Wegovy (Semaglutide) - Mounjaro/Zepbound (Tirzepatide)

## **Daily GLP-1 medications that must be stopped 2 days prior to procedure/surgery include:**

-Victoza (Liraglutide) – Saxenda (Liraglutide) – Adlyxin (Lixsenatide) – Rybelsis (Semaglutide) – Byetta (Exenatide) – Soliqua (insulin glargine/lixisentide)

Follow your doctors' instructions regarding possibly stopping blood thinners such as Aspirin, Plavix, Coumadin, Brilinta, Xarelto, Eliquis, and/or nonsteroidal anti-inflammatory medications (NSAIDS) such as Aleve, Motrin, Ibuprofen, Naproxen, or Celebrex.

We advise any form of Marijuana/THC/CBD products be stopped a full 24 hours prior to your procedure/surgery.

## **Clear Liquids OK to drink before your procedure include:**

-Water – Apple Juice – Gatorade – Black Coffee – 7UP – Vernors – Coke/Pepsi (unless otherwise instructed you doctor)

- Avoid red, pink or purple colors

## **The evening before your procedure/surgery, please DO NOT drink or eat ANYTHING after MIDNIGHT**

*Colonoscopy patients follow prep instructions from the office on what you should EAT and DRINK prior to procedure.*

## **Prior to arrival, please remove any...**

- Make-up
- Nail Polish
- Jewelry
- Body Piercings

## **Morning of procedure/surgery:**

### **TAKE any of the medications for the following with a sip of water:**

- Heart
- Blood Pressure
- Reflux
- Seizure
- Anxiety and/or Depression

**Diabetic Patients please DO NOT TAKE any diabetic medication the morning of unless otherwise instructed.**

## **On your date of service please wear or bring the following clothing articles...**

- Comfortable clothes
- Glasses but NO contacts

## **On your date of service please bring...**

- Insurance Card / ID
- A responsible adult waiting at the facility for the entirety of your stay (please no more than 2 adults)
- A responsible adult drives you home and stays with you 24 hours after procedure/surgery.
- Up-to-date list of your home medications
- Any special equipment given to you prior to procedure/surgery
- Inhaler (if applicable)
- Home an O2 tank even if only used at night (if applicable)

***\* Please leave all other valuables at home on the date of your procedure/surgery \****