

SURGERY PATIENT PRE- ADMISSION INSTRUCTIONS

Weekly GLP-1 Medications that must be stopped 1 week prior to procedure/surgery include:

-Trulicity (Dulaglutide) - Bydureon (Exenatide) - Ozempic/Wegovy (Semaglutide) - Mounjaro/Zepbound (Tirzepatide)

Daily GLP-1 medications that must be stopped 2 days prior to procedure/surgery include:

-Victoza (Liraglutide) – Saxenda (Liraglutide) – Adlyxin (Lixsenatide) – Rybelsis (Semaglutide) – Byetta (Exenatide) – Soliqua (insulin glargine/lixisentide)

Follow your doctors' instructions regarding possibly stopping blood thinners such as Aspirin, Plavix, Coumadin, Brilinta, Xarelto, Eliquis, and/or nonsteroidal anti-inflammatory medications (NSAIDS) such as Aleve, Motrin, Ibuprofen, Naproxen, or Celebrex.

We advise any form of Marijuana/THC/CBD products be stopped a full 24 hours prior to your procedure/surgery.

The evening before your procedure/surgery, please DO NOT drink or eat ANYTHING after MIDNIGHT

We request that any surgical patients shower with an antibacterial (e.g. Dial) the night before their procedure to reduce the number of germs on their skin by carefully washing prior to surgery.

We also ask that surgical patients do not shave 48 hours prior to surgery.

Prior to arrival, please remove any...

- Make-up
- Nail Polish
- Jewelry
- Body Piercings

Morning of procedure/surgery:

TAKE any of the medications for the following with a sip of water:

- Heart
- Blood Pressure
- Reflux
- Seizure
- Anxiety and/or Depression

Diabetic Patients please DO NOT TAKE any diabetic medication the morning of unless otherwise instructed.

On your date of service please wear or bring the following clothing articles...

- Comfortable clothes
- Button-Up shirt for eye or shoulder surgery
- Sunglasses if receiving eye surgery
- Glasses but NO contacts

On your date of service please bring...

- Insurance Card / ID
- A responsible adult waiting at the facility for the entirety of your stay (please no more than 2 adults)
- A responsible adult drives you home and stays with you 24 hours after procedure/surgery.
- Up-to-date list of your home medications
- Any special equipment given to you prior to procedure/surgery
- Inhaler (if applicable)
- Home an O2 tank even if only used at night (if applicable)

**** Please leave all other valuables at home on the date of your procedure/surgery ****